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# HEALTHIER KIDS / SMARTER KIDS: COMMON SENSE TIPS TO HELP YOUR CHILD EXCEL AT SCHOOL (PAPERBACK)



Createspace, United States, 2011. Paperback. Book Condition: New. 198 x 130 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. HealthierKids, SmarterKids offers a series of simple but realistic tips on how families can develop healthy eating habits and improved fitness. The book focuses on how these habits have a direct correlation to success in school and in extracurricular activities. Every day, children are bombarded with enticements to eat loads of junk food, guzzle sodas and super-size...

## Read PDF Healthier Kids / Smarter Kids: Common Sense Tips to Help Your Child Excel at School (Paperback)

- Authored by Dave Kovar
- Released at 2011



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