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Juicing for Weight Loss Detox: Juice Your Way to Better Health (Paperback)

By Katrina Samuel

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Juicing for Weight Loss Detox: Juicing your way to better health! Juicing is one of the quickest ways to lose weight, detox and totally transform your health! In my brand new book I'm going to reveal how you get started with healthy juicing and enjoy all the amazing health benefits starting today! Unlike most diets where you have cut carbs, restrict food groups or count every calorie you eat, juicing will allow you to lose weight naturally when you follow the outline in this book! And just wait till you taste some of the amazing recipes I'll share with you. You won't want to go another day without your juice! Here is just a sample of what else you will learn: Getting started with healthy juicing Benefits of healthy juicing Amazing tasting healthy juice recipes Juicing for weight loss Juicing for kids Juicing for anti-aging Juicing for detoxification Juicing for lowering risk of disease Juicing for stress relieving and much more! Transform your health by starting Juicing for Weight Loss Detox today!.



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