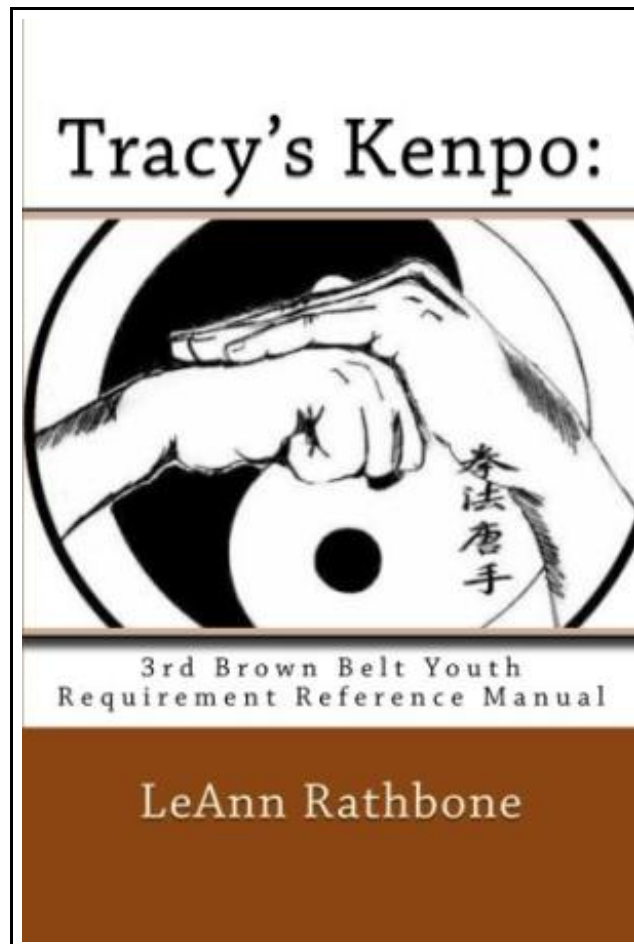


Tracys Kenpo 3rd Brown Belt Youth Requirement Reference Manual



Filesize: 3.97 MB

Reviews

The publication is great and fantastic. Sure, it is enjoy, nevertheless an interesting and amazing literature. You will not truly feel monotony at at any moment of your own time (that's what catalogues are for concerning when you request me).

(Fabian Bashirian DDS)

TRACYS KENPO 3RD BROWN BELT YOUTH REQUIREMENT REFERENCE MANUAL



To get **Tracys Kenpo 3rd Brown Belt Youth Requirement Reference Manual** eBook, make sure you click the hyperlink under and download the ebook or have access to other information that are have conjunction with TRACYS KENPO 3RD BROWN BELT YOUTH REQUIREMENT REFERENCE MANUAL ebook.

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 30 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Tracys youth program is exactly the same self-defense techniques and Katas as the adults, but the amount of required material for each level has been scaled down. Each youth belt level gets progressively more difficult. The technique requirements parallel the adult requirements; so all self-defense techniques for youth come out of the adult requirements. The following are the number of techniques assigned to each belt: Jr. Yellow 10 Jr. Orange 12 Jr. Purple 14 Jr. Blue 16 Jr. Green 18 Jr. 3rd Brown 20 Jr. 2nd Brown 22 Jr. 1st Brown 24 Jr. 1st Black 26 As a training aid, we encourage all students to buy this manual to assist with their training requirements for each belt. The manual covers all technique requirements for the belt as well as katas if they are required. These manuals are available from YELLOW BELT thru BLACK BELT with a complete breakdown step-by-step of the individual techniques and the Kata requirements are listed as well. This manual is a reference manual and design to assist the student with learning their techniques not to teach the techniques to the student. In this manual you will find all the requirements for Junior 3rd Brown Belt Self Defense Techniques. 20 self-defense techniques and Mass Attacks (right side) This item ships from La Vergne, TN. Paperback.



[Read Tracys Kenpo 3rd Brown Belt Youth Requirement Reference Manual Online](#)



[Download PDF Tracys Kenpo 3rd Brown Belt Youth Requirement Reference Manual](#)

You May Also Like

**[PDF] Absolutely Lucy #4 Lucy on the Ball A Stepping Stone Book™**

Access the link below to read "Absolutely Lucy #4 Lucy on the Ball A Stepping Stone Book™" document.

[Save ePub »](#)

**[PDF] Animalogy: Animal Analogies**

Access the link below to read "Animalogy: Animal Analogies" document.

[Save ePub »](#)

**[PDF] God Loves You. Chester Blue**

Access the link below to read "God Loves You. Chester Blue" document.

[Save ePub »](#)

**[PDF] DK Readers Robin Hood Level 4 Proficient Readers**

Access the link below to read "DK Readers Robin Hood Level 4 Proficient Readers" document.

[Save ePub »](#)

**[PDF] The Whale Tells His Side of the Story Hey God, Ive Got Some Guy Named Jonah in My Stomach and I Think Im Gonna Throw Up**

Access the link below to read "The Whale Tells His Side of the Story Hey God, Ive Got Some Guy Named Jonah in My Stomach and I Think Im Gonna Throw Up" document.

[Save ePub »](#)

**[PDF] The Stories Julian Tells A Stepping Stone Book™**

Access the link below to read "The Stories Julian Tells A Stepping Stone Book™" document.

[Save ePub »](#)