



Muladhara the Root Chakra (Paperback)

By Kathryn Kaye

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Muladhara The Root Chakra is a complete guide to balancing the first of the seven main chakra points. This is an excellent resource for those who are new to chakra balancing or anyone is seeking natural healing through chakra therapy. It is also a great book for those who are seeking a deeper connection with their root. The book covers everything from color and light therapy to using healing crystals, essential oils, sounds and vibration, meditation and more. This book will truly help you to balance and enhance your chakras and improve your health and well being.



READ ONLINE
[8.25 MB]

Reviews

I just started off reading this article pdf. Yes, it can be engage in, nonetheless an interesting and amazing literature. I am effortlessly can get a satisfaction of reading a written publication.

-- **Peyton Renner IV**

This is an amazing publication i actually have at any time go through. It is actually rally interesting throgh reading through period. Its been developed in an exceptionally straightforward way which is merely following i finished reading through this publication where actually altered me, modify the way in my opinion.

-- **Noah Padberg**