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7-DAY DEPRESSION CHALLENGE: DEAL WITH YOUR DEPRESSION IN 7 DAYS (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Take Your 7-Day Depression Challenge Deal With Your Depression In 7 Days Why are you reading this? Because: - You are overwhelmed by frequent bouts of sadness. - You have a general hopeless outlook through life. - Your get limited amount of joy from things most people enjoy. - You experience regular non-physical exhaustion and...

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- Authored by Challenge Self
- Released at 2015



Reviews

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