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20-Something, 20-Everything A Quarter-life Womans Guide to Balance and Direction

By Christine Hassler

New World Library. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 8.4in. x 5.6in. x 1.1in. The mid-20s through the mid-30s can be a time of difficult transition: the security blanket of college and parents is gone, and its suddenly time to make far-reaching decisions about career, investments, even adult identity. When author Christine Hassler experienced such a quarter-life crisis, she found that she was not alone. In fact, an entire generation of young women is questioning their choices, unsure if what theyve been striving for is what they really want. Theyre eager to set a new course for their lives, even if that means giving up what they have. Hassler herself left a fast-moving career that wasnt right for her and instead took the risk of starting her own business. Now, based on her own experience and interviews with hundreds of women, she shares heartfelt stories on issues from career to parents to boyfriends to babies. Yet she provides practical exercises, too, to enable the woman of today to chart a new direction for her own life. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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